

# STRENGTHENING FAMILIES MONTH

Mineral County Health Department understands that supporting families and children with healthy development in the early years provides the building blocks for educational achievement, lifelong health, strong communities, and successful parenting of the next generation. We offer a variety of free services to our community to support you in your parenting adventures!

## EARLY CHILDHOOD AND FAMILY PROGRAMS:

- PARENTS AS TEACHERS (PAT) HOME VISITING
- BIRTHING DOULAS
- BIRTH EDUCATION CLASSES
- PASSENGER SAFETY SEAT CHECKS AND DISTRIBUTION
- LACTATION/INFANT FEEDING COUNSELING
- MENTAL HEALTH RESOURCES
- WOMEN, INFANTS, AND CHILDREN PROGRAM (WIC)
- PARENT LIAISON PROGRAM

## RESOURCES AND CONTACT INFORMATION

FOR INFORMATION ON FAMILY FUN EVENTS OR QUESTIONS ABOUT ANY OF OUR PROGRAMS, CALL 406-822-3564 OR EMAIL

HEALTHINFO@CO.MINERAL.MT.US

- VISIT OUR WEBSITE  
CO.MINERAL.MT.US/DEPARTMENTS/HEALTH-DEPARTMENT
- FOLLOW US ON FACEBOOK AND INSTAGRAM:
  - MIN CO HEALTH DEPT
  - MIN CO FAMILY CONNECTIONS COLLABORATIVE
  - MIN CO PARENTS AS TEACHERS

